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Abstract – Put Abstract text here. Your abstract should be only one paragraph. Note that the initial abstract submitted can be updated when the draft paper is submitted. Put Abstract text here. Put Abstract text here. Put Abstract text here.

I. INTRODUCTION

Put introduction text here. Note that references should be included in order of appearance and be indicated by a superscript number, as shown here.¹ Put introduction here. Put introduction here.

II. MAJOR TOPIC HEADING

Put body of the paper here. Put body² of the paper here. Put body of the paper³ here. Put body of the paper here. ...are listed in Table I. Note that use of International System of Units (SI) is required.

TABLE I

Title of Table

Header	Header	Header
xxxxxxxxxx	111	11
yyyyyyyy	22	2222
zzzzzzzzzz	333	333

II.A. First Subheading

Put body of the paper here. Put body of the paper here. Put body of the paper here. Put body of the paper here. All equations should be referenced in the text. In the first term of Eq. (1) one can see...

$$1+1=2 \tag{1}$$

II.B. Second Subheading

Please note that if you have one subheading, you should have a second subheading as well. Put body of the paper here. Put body of the paper here.

III. MAJOR TOPIC HEADING

Put body of the paper here. Put body of the paper here. When referencing figures in the text, you should indicate it as shown here, e.g. that ... are shown in Fig. 1. Put body of the paper here.



Fig. 1. ANST logo.

IV. CONCLUSIONS

Please have a conclusions/summary section at the end of your paper. If a nomenclature section is needed, it will follow the conclusions section.

NOMENCLATURE

- a = a sample variable
- b = note that all “=” signs should be lined up
- c = please include units where applicable
- ε = efficiency of RF signal power conversion
- L = length (m)
- q = heat flux (W/m²)

ACKNOWLEDGMENTS

All acknowledgments for technical and financial support should go in this section, which follows the text but precedes the references.

REFERENCES

1. F. M. LAST, *The Title of the Book*, page or chapter numbers, Publisher, City (year).
2. F. M. LAST and J. S. Smith, "The Title of the Journal," *Journal Name*, **volume number**, *issue numbers*, page number (year).
3. F. M. LAST and J. S. Smith, "The Title of the Paper," *Proc. of the Title of the Proceedings, Journal Name*, Vol. , p. , Publisher, City, Country (year).